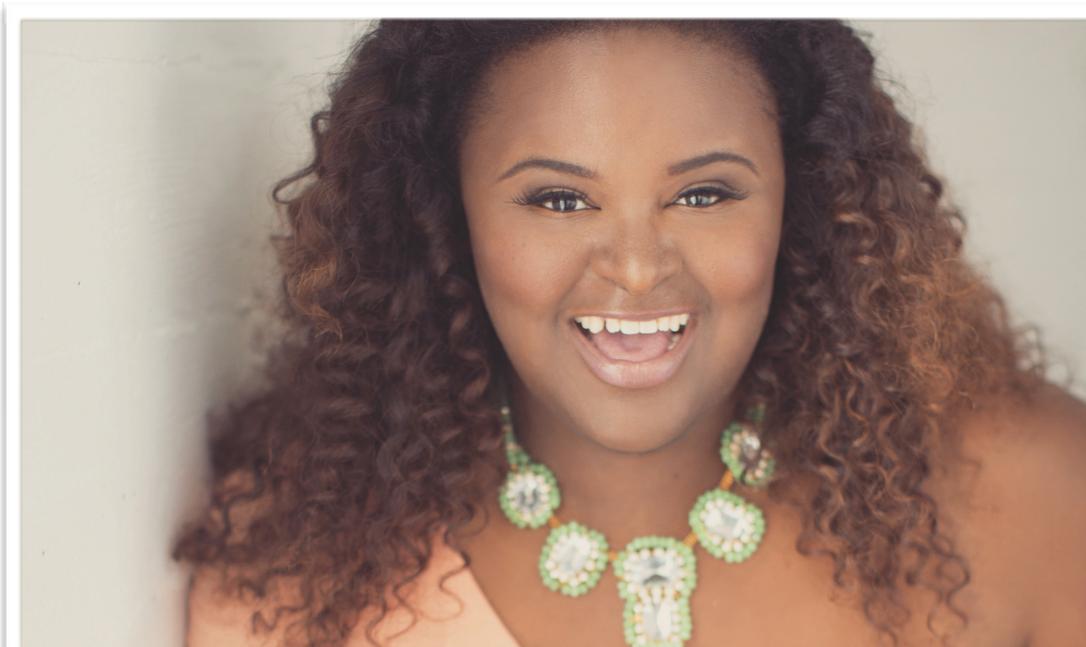


WWW.JESSICAJAMESE.COM

Jessica Jamese

Professor and Pupil of Intentional and Authentic Living

Dr. Jessica Jamese Williams



is a Black feminist artist, educator, and advocate dedicated to the creation of authentic and inclusive relationships, organizations and communities.



@Jessica_Jamese

Your friendly, neighborhood ratchet intellectual in 140 characters or less



@JJamese

Home-base for all things Jessica Jamese. Find new blog posts, art work and events.



@Jessica_Jamese

Snippets, snapshots and sayings curated by and for my most wildly creative Self



Build Your Brand
Consulting to help you build a brand reflective of your vision



Become Who You Are
Coaching to learn intentional living, and how to embrace the true you



Be The Change
Facilitation on how to understand individual impact on systemic change

Working for nearly a decade in higher education, Dr. J—a nickname given by former students—has experience in nearly every facet of higher learning including residential life, multicultural centers, inclusion and diversity, course instruction, admissions, enrollment and outreach.

I SEE COLOR MVMT

The #ISeeColorMVMT is a movement whose purpose is to provide educational training, information and opportunities to build and maintain diverse and inclusive communities. Founded by Dr. J, the MVMT was inspired by her students at California State University, San Marcos and their insistence that the color-blind eye only made them as students of color feel invisible. **I See Color** is

about the demand for intersectional inclusivity in all spaces through authentic connection, mutual empathy, and somo-cognitive congruence. **I See Color** challenges us all to continually examine our privilege, grow our capacity for compassion and enrich the quality of our social justice activism.



Intersectional Social Justice



BreneBrown @BreneBrown

YES! RT @PhDub: Taking vulnerability into stale, non-innovative organizational cultures.Dissertation! @BreneBrown #LifeClass

1m



The Future Doctor... @PhDub

Taking vulnerability into stale, non-innovative organizational cultures. Yup that's the dissertation @BreneBrown #LifeClass #DaringGreatly

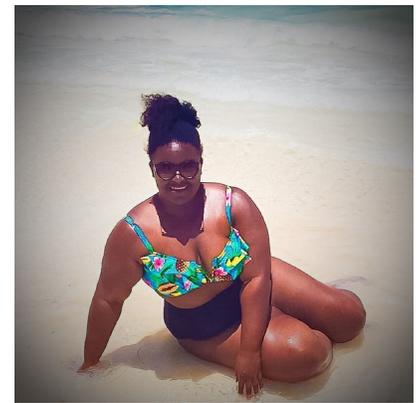
2m

workshops she helps her audiences recognize how empathy leads to empowerment. Dr. J's research on social identity and its impact on leadership capacity sets an agenda to activate those populations at the margins to overcome oppression. In her dissertation research, Dr. J. looked at the relationship between fat identity, gender identity for women, and leadership.

Dr. J has always had a passion for integrating compassion and vulnerability into communities and organizational cultures. In her courses, dialogues, and

“It was our hope that through inquiry, feedback and development the group would be able to expand the possibilities of how we saw ourselves, and one another, and all fat women. Developmental action inquiry would serve to push the boundaries on stale “status quo” ideas such as what women can and cannot do or be. We used the intersection of these two identities—fat and woman—to examine our other intersections and as we reconciled tensions in other identities, we learned to spread that peace rather than compartmentalize it. By giving voice to a habitually silenced part of us, we began to learn how to speak from our whole being.”

An outspoken feminist and self-proclaimed FAT activist, Dr. J. is passionate about questioning the definition of woman-ness and femininity and uprooting outdated and restrictive feminine ideals. Dr. J believes not only in inclusion and equal rights, but in challenging systemic oppression, false hierarchies and limiting social norms. Black women can (and do) swim, Fat women can (and do) exercise, and all women have the right to define ourselves for ourselves.



HOW WOULD YOU LIKE TO BEGIN?

With over a decade of professional experience, a Masters and National Certification as a Professional Counselor and a Ph.D in Leadership, Dr. Jessica Jamese is well-equipped to help you improve yourself, your community or your organization.

For individual coaching, Dr. J offer 50-minute coaching sessions both a la cart and through bundled packages. In sessions, we will discuss your goals, set clear vision and intentions, and work to begin Becoming who you Are.

Dr. J is also available to speak at your organization, college or university. With experience facilitating dialogue in workshops, trainings, conferences and courses, Dr. J keeps it real and reflective as we work towards inclusion and compassionate activism. For detailed information on pricing, contact Jessica@JessicaJamese.com

